



Academic Intervention Assessment Form

Name:

Program:

Last semester average:

What prevented you from doing well last semester? Please check all that apply:

Study Skills & Attendance

- Poor study skills
- Test anxiety
- Too many classes/credit hours
- Difficult classes
- Boredom/lack of interest in my classes
- Difficulties with my professor(s)
- The way I studied in high school is not working for me at Algoma
- Not attending classes

Social/Adjustment Issues

- Difficulty adjusting to university
- Difficulty adjusting to Canada
- Homesickness
- Roommate concerns
- Family concerns
- Relationship problems
- Difficulty making friends/loneliness
- Challenges because I am a transfer student
- Challenges because I am a nontraditional student
- Challenges because I am a first generation student
- Challenges because I am an Anishinaabe student

Personal/Health Issues

- | | |
|--|--|
| <input type="checkbox"/> Financial concerns | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Worked too many hours | <input type="checkbox"/> Learning disability/ADHD |
| <input type="checkbox"/> Health Issues | <input type="checkbox"/> Over-involvement with clubs, activities, student organization |
| <input type="checkbox"/> Substance abuse (alcohol/drugs) | <input type="checkbox"/> Victim of a crime |
| <input type="checkbox"/> Too much time spent on social media, Internet, gaming, etc. | Other |
| <input type="checkbox"/> Not enough sleep/too much sleep | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Not eating well | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Stress | <input type="checkbox"/> _____ |

What went well in the previous semester?

If you had the opportunity to do last semester again, what would you do differently?

Identify two goals for the current semester.

What changes have you started to make and what other changes do you need to make to be more successful in the current semester?

What can I do to help you achieve your academic goals in the current semester?