

**OUA Nordic Skiing Championships at Hiawatha Highlands
Emergency Action Plan**

Address:

780 Landslide Rd.
Sault Ste. Marie, ON
P6A 6J8

In the Event of an Emergency:

Signal with a closed fist with arm in the air if assistance is needed. Host therapist will be on site at all times during the competition. The Canadian Ski Patrol will be on site. In addition, the Sault Search and Rescue will be on site, with 2 medical responders anchored at the start and finish, along with a mobile medical responder on a snow machine.

Charge person – primary therapist/first responder

Call person – secondary therapist/coaches

Control person – therapists/coaches

Role of First Responders:

Immediate care of the injured or ill student athlete

1. Emergency equipment retrieval
2. Activation of emergency medical system (EMS) or designation of person to call EMS
3. Direct EMS to scene and limit area access to first aid providers only

Phone Numbers:

Ambulance 9-1-1
Hiawatha Highlands 705-256-7258
Sault Area Hospital 705-759-3434

Emergency Equipment:

Medical first aid kit, spine board, airway equipment, emergency oxygen, AED

Hospital Address:

Sault Area Hospital
750 Great Northern Road
Sault Ste. Marie, ON
P6B0A8

Directions to Hospital:

- Head south on Landslide Rd toward Hiawatha Park Walkway (400m)
- Turn left to stay on Landslide Rd (2.6 km)
- Continue onto Old Garden River Rd (1.5 km)
- Turn right onto Third Line E (1.5 km)
- Turn left (1.2 km)
- Turn right (160m)
- Sault Area Hospital will be on the right