#AU 0008 Allergies

**Materials:**
Anaphylaxis kit

**Prevention/Precaution:**
The Principal Investigator/Team Leader must be notified if you have any pre-existing allergies or other conditions. Wear the appropriate bracelet. Before travelling to any field sites for the day, the Principal Investigator/Team Leader must be notified that you will spend the day in the field and which sites you plan to visit. You must also notify the Principal Investigator/Team Leader that you have returned from the field. When working in the field (or the laboratory), always have the appropriate anaphylaxis kit in your possession and always use the buddy system.

**Procedure:**
The person with a known allergy should have their anaphylaxis kit in their possession at all times. The kit contains an epinephrine injector, tourniquet, and an antihistamine. The kit should be used according to the doctor's instructions. The people working with the person with the known allergy should be informed about how to use the kit, in case the affected person is unable to do so. Should a person require the use of their anaphylaxis kit, an Accident/Injury Report should be completed by the Principal Investigator.

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