



Quarantine Plan information

All the information regarding how to safely travel to Canada under the approved Algoma University Quarantine Readiness Plan by clicking on the button below.

[Quarantine Readiness Plan](#)

Disclaimer

You are eligible to create your own suitable quarantine plan. However by choosing to travel as a unvaccinated individual it is your sole responsibility to demonstrate to CBSA that your plan is considered suitable by the Government of Canada. By creating your own plan you accept the risk for ensuring the suitability of your plan and for providing sufficient proof to CBSA at the Canadian airport. You will be personally liable if your plan is not accepted by CBSA. If a student's quarantine plan is denied by CBSA further actions are at the discretion of the Government of Canada.

As such we strongly recommend that all students become fully vaccinated first before traveling to Canada.

The Arrival Team cannot confirm or guarantee that your independent plan will be considered suitable.

The Arrival Team recommends that if you choose to create your plan your intended location should have a private entrance, bathroom and kitchen facilities that will not be shared with anyone who didn't travel with you.

Please make sure to review the suitability of your plan by reviewing this [link](#) from the Government of Canada website.

For Students studying at the Brampton Campus your quarantine accommodation location should be in the Toronto Area.

For those students studying in Sault Ste. Marie (SSM) your quarantine accommodation location will depend on how soon your connecting flight to SSM is after your flight to Canada. The Government of Canada states on their [website](#): "If you're a foreign national allowed entry into Canada without qualifying as fully vaccinated, you may take a connecting flight that is scheduled to depart within 24 hours of the departure time for your flight to Canada."

How many days must you plan for?

Your Quarantine Plan must cover at least 14 days.

A Failure to demonstrate a quarantine plan of 14 days can result in severe fines.

Review The Following Links

Your quarantine plan letter needs to demonstrate the suitability of your plan, and it needs to demonstrate your understanding of what is expected of you.

Before you get started creating the plan we recommend you first conduct extensive research due to the heavy fines and penalties associated with non-compliance.

You should review all the links below and any further pages on <https://travel.gc.ca/travel-covid> to ensure you understand everything regarding travel to Canada during the pandemic.

<https://www.canada.ca/en/public-health/services/publications/diseases-conditions/2019-novel-coronavirus-information-sheet.html>

<https://travel.gc.ca/travel-covid/travel-restrictions/isolation>

<https://travel.gc.ca/travel-covid/travel-restrictions/isolation/quarantine-start>

<https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19/arrivecan.html>

<https://www.canada.ca/content/dam/phac-aspc/documents/services/publications/diseases-conditions/coronavirus/covid-19-travellers-without-symptoms-returning-canada/covid-19-travellers-without-symptoms-returning-canada-eng.pdf>

Quarantine Plan Example

Here is an example template that you can use for reference when creating your own Quarantine plan letter (Red highlighted sections indicate that more information should be provided):

I am aware of and understand all current federal and provincial (Ontario) quarantine obligations during the COVID-19 pandemic

I understand that I am solely responsible for ensuring that my plan is considered suitable and for providing all proof as required.

I understand that I need to quarantine for the full 14 days and complete all testing as directed.

My personal details are:

Name:

DOB:

You can contact me at:

Email:

Phone:

I will proceed directly to the quarantine location I have provided in this letter and on ArriveCan.

I will travel directly to my quarantine location by the following means of transportation

(Specify means of transportation-taxi, private car, etc)

My place of quarantine will be

(Provide proof of your quarantine such as a hotel booking confirmation, a message from a friend or family member confirming that you will be staying with them, or your rental lease, etc.)

Address:

Name of Hotel: (if applicable)

I will take care to have no contact with vulnerable persons with underlying health concerns during my quarantine, I will also choose a quarantine location where other residents are not health care workers.

I will be able to access the necessities of life at my place of quarantine

(Provide details, for example toiletries, internet etc.)

I will arrange to obtain food supplies without leaving my place of quarantine or having contact with others. (Provide details about how you will obtain: Family members will provide contactless delivery or that you will order delivery from a nearby grocery store or restaurant).

I have all the medication that I need or I can order it from the following location by contactless delivery.

I have access to the financial resources needed to quarantine. (Provide as much proof as possible that you have access to enough funds to cover for the cost related to the quarantine period: bank account summary, credit card that has a sufficient limit and ensure that your funds work in Canada, etc.)

I will wash my hands and use hand sanitizer and clean surfaces as required.

I will not leave my quarantine until I have a negative test result on my day 8 test and have completed the full 14 days or further requirements as needed.

Agreements:

As I travel to my place of quarantine, I agree to:

Wear an appropriate mask or face covering during the journey, unless I am alone in a personal vehicle.

I will practice physical distancing at all times and will avoid contact with others during the journey

In the place where I am staying, I agree to and confirm the following:

There are no vulnerable individuals (adults 65 and over or people who have health conditions or a weak immune system).

There are no health care workers.

If there are other people living in my place of quarantine that did not travel with me: I will have no contact with them or share spaces with them

I will not have any guests, even if I am outside and keep a distance of two meters or wear a Mask.

I will not use the shared spaces, such as lobbies, courtyards, restaurants, gyms, and pools, in apartment buildings or hotels.

I will stay two meters apart from other people if I go out on my balcony or into my private yard.

I will not share any personal items with others, including plates, utensils, glasses, towels, sheets, and clothing.

With regard to providing for myself, I agree to:

Use the home delivery service of a grocery store or pharmacy and maintain a contact-free delivery of two metres, if no one is helping me with my groceries or medication.

Maintain a contact-free delivery of two metres, if someone is helping me with my groceries or medication.

During my quarantine, I agree to:

Use ArriveCAN or call 1-833-641-0343 to confirm that I have arrived at the address I provided for my quarantine, within 72 hours of arriving.

Use ArriveCAN or call 1-833-641-0343 to complete daily COVID-19 symptom self-assessments during my quarantine period.

Answer any phone calls from the Government of Canada from 1-888-336-7735.

Not leave my place of quarantine during the 14 days of isolation, except in an emergency, such as a medical emergency. In the event of an emergency medical consultation, I will notify the emergency services and healthcare personnel that I am currently in quarantine after arriving from abroad, and I will follow all their instructions. In addition, I will wear a mask, practice physical distancing with others as much as possible, and disinfect my hands regularly.

I will isolate myself from others if I experience COVID-19 symptoms and call the COVID-19 hotline (1-833-641-0343 and 1-833-784-4397) and follow the instructions given.

I will undergo the COVID-19 tests required by the Ontario and federal government.

I agree to abide by the health measures in place at the local, provincial and federal level.

I agree to respect the physical distance at all times in public places.

In addition, I am aware that:

I could be checked on to make sure I am not breaking my quarantine. I could be moved to a quarantine facility if I break my quarantine or if I test positive for COVID-19.

I will have to quarantine again for a new 14-day period if COVID-19 symptoms appear during my quarantine, if I am exposed to COVID-19, or if I test positive for COVID-19.

My quarantine could be longer if the test result from the COVID-19 test conducted on day 8 arrives later than day 14 of my quarantine.

I understand that there are serious consequences for not abiding by quarantine regulations (a fine of up to \$750,000, up to six months of jail time, and, as a foreign resident, being removed from Canada and banned from entering for one year).

I also understand that failure to abide by quarantine regulations may constitute other criminal offences. For more information on penalties please review this [page](#).

Name:

Date:

Signature: