CONCEPT DEVELOPMENT

THE MICROSKILLS HIERARCHY
A Pyramid for Building Cultural Intentionality

Practice your own
tergeneration of the skills
Learn how the skills are used in crisis counseling and suicide assessment
Note how different theories and interventions use the microskills differently

5 Stages of the Counselling Session:
1) Empathic Relationship
2) Story and Strengths
3) Goals
4) Restory
5) Action

PARTICIPATORY ACTION RESEARCH
Qualitative Comparative Research or Participatory Mixed Methods Action Research matches emerging literature that seeks an in-depth analysis by using mixed methods as an approach to participatory action research, as the primary goal is an improvement (Sloman & Jarvis, 2015). "Many ideas and social movements contribute to the transformation in thought and action-inspired by Participatory Action Research" (Winter, 2008, p. 182). Please see the action research process table below that will take us through each stage of the research process and how children/youth are engaged.

WATER
Acting includes the data collection and findings.
- Design and affirm questions
- Collect data

SUNLIGHT
Evaluation involves the research wrap-up and analysis of all data collected via triangulation or comparative analysis.
- Member checks
- Analyze to identify themes and improvements (e.g., content, framework, practice)
- Compile and share reports with stakeholders

SOIL
Planning involves the creation of the research plan, gaining stakeholder opinions, challenges, and perceived opportunities.
- Engage others in the ideas and information
- Gain opinions to further develop the idea (nutrients)

GROWTH
Monitoring will occur throughout each phase by evaluating research components, adjusting, and working through to implementation.
- Implement action plans to improve
- Learn and follow-up and engage in Diagnosis

SEED
Diagnosis and reconnaissance will require developing this research proposal, literature review, instrumentation, and the research process/design collaboratively with participants.
- Read, listen, understand and formulate ideas and information that nurtured this seed
Course Information:
This unit will delve into an understanding of Indigenous land and territory, to then introduce the basic knowledge of the history of Indigenous land and territory. Through case studies and discussions, students will gain a deeper understanding of the complexities and challenges faced by Indigenous communities when engaging with the natural environment. Key issues will be explored on a critical examination of colonization and its impact on contemporary environmental issues, Indigenous rights and traditional knowledge. This unit is designed for students who wish to develop a foundational understanding of Indigenous land and territory, and how it connects to the broader Canadian context. The course will explore the historical, cultural, and contemporary dimensions of Indigenous land and territory, including its implications for the future. The course will take a current and contemporary approach to this critical issue in the context of the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP).

Methodology and Approach:
The core material for this course is derived from the19th century's recognition of the Indigenous territories. This material provides an understanding of the history of Indigenous land and territory. The course is designed to be taught in a way that allows students to critically engage with the material, while also considering the implications for contemporary Indigenous communities.

Learning Objectives:
- Students will develop an understanding of the complexities involved in Indigenous land and territory, including its historical, cultural, and contemporary dimensions.
- Students will be able to critically analyze the impacts of colonization on Indigenous land and territory.
- Students will be able to develop a critical understanding of Indigenous rights and traditional knowledge.
- Students will be able to engage with contemporary issues related to Indigenous land and territory.

Evaluation Breakdown:
- Attendance and Participation: 10%
- Final Paper: 30%
- Applied Project (COL): 20%
- Mid-Term Exam: 20%
- 2 Discussion Course Sessions: 20%